

## **21 DAY PURIFICATION:**

Each kit contains:

- One bottle of SP Cleanse® capsules for purification
- One bottle of SP Green Food® capsules for phytonutrients
- Two containers of SP Complete®, SP Complete® Chocolate, SP Complete® Vanilla or SP Complete® Dairy Free powder for nutritious supplement shakes
- Two bottles of Gastro-Fiber® capsules or Whole Food Fiber powder for fiber support\*
  - Gastro-Fiber® is available in convenient capsule form, offering an easy way to receive a small serving of fiber for purification.
  - Whole Food Fiber is available in powder form, providing a large serving of fiber for purification shakes.
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## **SP DETOX BALANCE: INCLUDES BOOK, 3 JARS IF DOING 28 DAY**



## **10 DAY BLOOD SUGAR:**

**SP COMPLETE  
SP CLEANSE  
GYMNEMIA  
DIAPLEX  
PROGRAM GUIDE**

## **10 DAY INFLAMMATION:**

**SP COMPLETE  
SP CLEANSE  
GYMNEMIA  
BOSWELLIA  
BLACK CURRENT SEED  
PROGRAM GUIDE**