

Complementary Products for better patient outcomes:

Research continues to link the typical American diet with unhealthy outcomes.⁶ Many patients are accustomed to the typical American diet and eating large amounts of sugar and carbohydrates, which have a significant impact on blood sugar and overall metabolic health. Approximately 48% of Americans report drinking soda every day.⁷ Patients may not realize that many processed foods are high in sugar, fat, and salt - designed for ultimate taste not nutrition.⁷ Cravings for sugar and processed foods make it difficult for these patients to stick to a healthy diet, and they often become overweight. As a health care professional, recommendations on diet and lifestyle changes along with supporting supplementation for a healthy metabolism are extremely important to help educate these patients.

MediHerb® Metabol Complex can be prescribed with other MediHerb® products to support healthy metabolism.*

Each patient's individual needs should be evaluated before making recommendations.

MediHerb® Metabol Complex

Metabolic Multi-Action Formula*

1 tablet 3 times daily, or as directed



Antioxidant Activity

*For additional antioxidant activity**

MediHerb® Vitanox®

1 tablet 1-2 times daily, or as directed.

Liver Support

*To support healthy liver function**

MediHerb® Silymarin

1 tablet 2-3 times daily, or as directed.

Metabolic Support

*To help suppress normal cravings for sugar in the diet**

MediHerb® Gymnema

1 tablet 1-2 times daily, or as directed.

Inflammation Support

*To support a healthy inflammation response**

MediHerb® Turmeric Forte

1 tablet 1-2 times daily, or as directed.

Circulation Support

*To support healthy blood circulation**

MediHerb® HerbaVital

1 tablet 2-4 times daily, or as directed.

Cardiovascular Support

*To support cardiovascular health**

MediHerb® Garlic Forte

1 tablet 1-2 times daily, or as directed.

Digestive Support

*Used traditionally to support healthy digestion and intestinal function**

MediHerb® DiGest Forte

1 tablet 3 times daily, or as directed.

